

CERTIFICATE

OF PARTICIPATION

This is to certify that

Adolf Eugene Prinsloo

Has successfully participated & completed the

10km Ezemvelo Trail Run Challenge 2019

held at Ezemvelo Nature Reserve.

TIME 01:16:49

PACE 07:39/km

OVERALL 21 of 104

GENDER 16 of 47

OPEN 8 of 17

20 October 2019, Sun

Date



BoutTime